



TEAM & LEADERSHIP CENTER



TEAMBUILDING



PROGRAMS

FOR SCHOOLS, YOUTH, &
COMMUNITY GROUPS

ESTABLISHED
1995

TEAMBUILDING PROGRAMS

ABOUT THE TEAM AND LEADERSHIP CENTER

Teams need to practice, and practice is what they do at the Team and Leadership Center. Our innovative workshops give hands-on experience to all sorts of teams — from cooperative classrooms and student governments to competitive athletes, youth groups, and community service organizations. Focusing on growth and improvement, our programs build upon a variety of adventure-based activities, from group initiatives and simulations to high ropes and climbing walls. Sessions reach far beyond classroom theory to provide practical experience and valuable insights that will have a lasting impact on the performance of teams and team members.

PROGRAM OVERVIEW



Whether focused on serious educational and treatment objectives or on group recreation, the programs offered at the Joe Dumars' Team and Leadership Center are designed to maximize human potential and bring teams together.

The options presented in this guide provide broad progressions that have proved successful for thousands of groups. The descriptions should enable group leaders to select a program that will best fit their needs. After choosing a program option, group leaders should arrange to meet with the Team and Leadership Center Director to complete a needs assessment and establish specific program objectives. The more we know about your group prior to the program, the more the experience can be tailored to its needs.

If in perusing this guide you fail to find an option that fits your group, please let us know and we will design a custom program for you. Note also that many groups have found that a combination of programs rather than one stand-alone offering gives them the best opportunity to achieve the curricular outcomes they are seeking.

FOR MORE INFORMATION: Please contact us at



Dear Friend,

Thank you for taking the time to consider one of our Team and Leadership programs at Joe Dumars' Fieldhouse in Shelby Township and Detroit. As you might imagine, the concept of "team" has played a central role in my life. The Detroit Pistons championship basketball teams of the late 1980's and last year's team are great examples of talented people working together to achieve something much greater than they could achieve on their own. In today's highly competitive world, the pressure for your team to perform at the highest possible level has never been greater. We see it as our job to help your team understand what it will take to be the best it can be.

Please take a moment to review the different programs that we have developed that consistently yielded "real world" results for the 100's of groups we have worked with. We also invite you to interact with our professional staff to tailor a program to meet any unique goals that you may have for your team.

Best wishes,

A handwritten signature in blue ink, appearing to read "Joe Dumars".

Joe Dumars

JUMPSTART



This program is intended for groups new to each other or teams in the process of forming. With a focus on strengthening relationships and improving team problem solving, our Jumpstart program includes a series of fast-paced ground-level challenges followed by short discussions to help participants gain insight into teamwork and group problem solving. This program is ideal for groups that want to build relationships, establish basic working standards, and create an effective collaborative environment.

Half-day session: \$22.95/participant with minimum of 15

Full-day session: \$39.95/participant with minimum of 15

Food not included in package

TEAMING UP!

This program is designed for existing groups and intact teams. It focuses on more in-depth team challenges and a fast-paced experience on either the high ropes course or the climbing wall. Programs can be tailored to meet a variety of different group objectives, from testing assumptions and misperceptions about potential and ability, to learning how to achieve exceptional results through teamwork. Common themes include group communication, trust building, shared risk-taking, strategic problem-solving, change management, and building toward a culture of achievement and high performance.

4½-hour session: \$32.95/participant with minimum of 15

Food not included in package

LEADING UP!

Intended for student government groups, publications boards, class officers, events committees, and others, this program provides the ultimate in fast-paced leadership development. Based on Joe's Five Tips for Student Leaders, activities begin with a leadership assessment instrument and a progression of exciting challenges that will bring out the best leadership skills from every member of your group. Then it is on to the high ropes course, where the groups will create and implement a plan for completing a series of high-element challenges within a set period of time. The day will end with a thorough discussion of process and results, culminating in an action plan for continuing leadership development back at school.

Full-day session: \$45.95/participant with minimum of 15

Food not included in package

INCENTIVE PROGRAMS

In addition to our educational and developmental offerings for teams and leaders, we also provide a variety of options for recreational field trips and end-of-season celebrations. Whether the goal is to reward positive behavior, to build school spirit, or to recognize high achievement, we can provide the perfect opportunity through our structured program of Field Trips and Lock-Ins, or the ultimate in fun — the Fieldhouse Challenge!

THE FIELDHOUSE CHALLENGE



This non-stop action program focuses on friendly competition among teams moving through the Fieldhouse from ground to court and on into the air, scoring points to set the Fieldhouse record. Teams will encounter challenges that require them to work together to solve problems, develop plans, test their abilities, and have fun. Along the way they will experience all the Fieldhouse has to offer as they practice the skills and improve their understanding of what a team can really be.

The Fieldhouse Challenge is more structured than the conventional field trip and offers groups the educational opportunity to participate in a variety of team events including the high ropes course, climbing wall, miniature golf, and more.

2-hour session: \$19.95/student with minimum of 60

3-hour session: \$22.95/student with minimum of 60

4-hour session: \$25.95/student with minimum of 60

Food not included in package

FIELDTRIPS & LOCK-INS

Field Trips and Lock-Ins are a popular way to bring large groups (as few as 30, as many as 300) to the Joe Dumars' Fieldhouse facilities in Shelby Township or in Detroit for a few hours of safe, supervised fun. Basketball, volleyball, and in-line skating can be combined with such Bayou Adventure Center activities as miniature golf and laser tag to provide a fun-filled day of activity. Movies, dancing, arcade games, and organized non-athletic activities can also be included in the action. Whether you are a school teacher, church leader, day-care manager, or youth director, you will score big with your group by booking a Field Trip or Lock-In event at the Fieldhouse.

Fieldtrips: Packages begin at \$5.50/person with a min. of 30

Lock-ins: Packages begin at \$8.00/person with a min. of 100

Food not included in package

TEACHER IN-SERVICES

ADVENTURE CHALLENGE IS NOT JUST FOR STUDENTS. IT'S FOR TEACHERS, TOO.

A great many teachers and school administrators are familiar with the benefits adventure-based teambuilding and leadership development programs can provide to their student populations. Fewer know that the same programs can yield equally valuable results for the school staff who regularly bring their students to our courses.

Training Programs and In-Service Workshops

Over the years we have designed programs to meet a variety of staff development needs for school personnel. These offerings can be presented in the context of a staff retreat, on-site as part of an in-service day, in open-enrollment classes at our own facilities, or to self-organized groups at a site of their own choosing.

Here is a sampling of what we have to offer.

Teambuilding for Teachers and Staff.

A half-day or full-day program of group initiatives for adults instead of kids.

Special Content Workshops.

Half-day classroom sessions focusing on such issues as diversity, change, and conflict resolution.

Adventure Challenge Awareness Session.

A full-day hands-on introduction to adventure challenge programming with students.

Facilitator Training.

Instruction in basic to advanced facilitating skills for low- and high-element challenge course programs.

Curricular Development.

Instruction and consultation for teachers who wish to include adventure challenge in the school curriculum.

Joe Dumars Fieldhouse

SHELBY



Joe Dumars Fieldhouse

DETROIT



TEAM AND LEADERSHIP CENTER
45300 MOUND ROAD
SHELBY TOWNSHIP, MI 48317
(586) 731-3080 OFFICE
(586) 731-2699 FAX
joedumarsteam.com

PROGRAM OFFICE
S.T.E.P.S., INC.
3460 RICHARD STREET
ANN ARBOR, MI 48104
(734) 971-7470 OFFICE
(734) 971-7568 FAX
joedumarsteam.com

